

Human Sexuality 101 for Teens

With Social Skills + 3 Parent Meetings

For 8th – 12th Graders with
 Intellectual & Developmental Disabilities

Human Sexuality 101+ 3 Parent Meetings

Sexuality education and advocacy skills, paired with appropriate social skills, give teens the ability to make healthy choices, prevent abuse and see themselves as informed sexual beings.

There are 3 parent meetings to address how to have the conversations, answer questions, and help parents feel more comfortable.



Why Take the Class?

- To learn the social skills associated with relationships
- To understand male & female bodies & how to care for them
- To learn about sexuality
- To understand the positives & negatives of social media & how to be safe online
- To understand that sexual feelings & needs are normal and healthy
- To ask questions in a safe space
- To understand gender identity & sexual orientation
- To understand consent

January 2022 Class Details

Class: 12 weeks on Zoom

Dates: Monday evenings, January 24 -April 18, 2022
 No class on 4/4/22

Time: 6:00 - 7:30 pm

Cost: \$850/teen and 3 parent meetings
 * Ask about payment plans *

Register: email EaseEducates@gmail.com

Parent Meetings:

1/23 Sunday, 6:30 - 8:00 pm on Zoom

2/27 Sunday, 6:30 - 7:30 pm on Zoom

4/10 Sunday, 6:30 - 7:30 pm on Zoom

Instructors:

Arlene Lechner, M.Ed & Melissa Hochberg, M.Ed
 Human Sexuality Educators

Questions? EaseEducates@gmail.com or
 703.598.2010