



Individualized Learning Opportunities

Ease – Empowerment, Advocacy & Sexuality Education offers a variety of classes, professional development, parent workshops and individualized sessions online on Zoom. The educational opportunities are tailored to the needs of your organization.

Topics can include but are not limited to:

- Talking to your (adult) children about sex
- How to start the conversation with your teens?
- Puberty
- Teachable Moments & The Scarborough Method for answering questions
- Understanding Social Media & staying safe
- Staying Safe with online pornography – What is legal and what isn't
- Public vs Private
- Where to access resources

