Online Classes for Ages 18+
Sex education & self-advocacy skills give people the ability to enjoy healthy relationships, make informed choices, prevent abuse & see themselves as sexual beings. Students receive age appropriate & medically accurate information using a variety of modalities.

Why Take the Class?
➢ To learn about consent & healthy relationships
➢ To make informed choices
➢ To understand sexual feelings are normal & healthy
➢ To understand public & private
➢ To learn about staying safe online
➢ To understand gender identity & expression
➢ To prevent abuse
➢ To ask questions in a safe space

Aug. 2022, Two Class Options (choose one)

Class: 16 weeks on Zoom, Evening or Morning

Evening Dates: Aug. 23 – Dec. 13 (no class on 10/4)
Evening Time: 7:00 pm - 9:00 pm, Tuesdays
- or -
Morning Dates: Aug. 24 – Dec. 14 (no class on 10/5)
Morning Time: 9:30 am - 11:30 am, Wednesdays

Parent/caregiver Meeting: Aug. 22, 7:00-8:00 pm

Cost: $1250/person * Ask about payment plans *

Register: email EaseEducates@gmail.com

Instructors:
Arlene Lechner, M.Ed & Melissa Hochberg, M.Ed
Human Sexuality Educators

Questions? EaseEducates@gmail.com or 703.598.2010

www.EaseEducates.org