

Relationships, Sex Education & Social Skills

A course for teens with Intellectual/Developmental Disabilities

Online Classes for 8th - 12th Graders

Sex education, self-advocacy & social skills allow teens to enjoy healthy relationships, make informed choices, prevent abuse & see themselves as sexual beings. Students receive age appropriate & medically accurate information through a variety of modalities.

Parent meetings address how to have the conversations & answer questions.



Why Take the Class?

- To understand consent & boundaries
- To understand relationships & relevant social skills
- To understand public & private
- To understand male & female body parts & caring for them
- To understand the positives & negatives of social media & staying safe online
- To understand sexual feelings are normal & healthy
- To understand gender identity & expression
- To ask questions in a safe space

Fall 2022 Class Details

Class: 12 weeks on Zoom

Dates: Monday evenings, Aug. 15 – Nov. 21, 2022
No classes 8/22, 9/26, 10/31

Time: 6:00 - 7:30 pm

Parent Meetings:

8/14 Sunday, 6:00 - 7:30 pm on Zoom
11/13 Sunday, 6:00 - 7:00 pm on Zoom

Cost: \$950/teen + 2 parent meetings
* Ask about payment plans *

Register: email EaseEducates@gmail.com

Instructors:

Arlene Lechner, M.Ed & Melissa Hochberg, M.Ed
Human Sexuality Educators

Questions? EaseEducates@gmail.com or
703.598.2010

www.EaseEducates.org